



YSGOL HEN FELIN

LEARN LAUGH GROW | DYSGU CHWERTHIN TYFU

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Dear Parent/Carer,

I write to advise you that a number of children and staff within our school have been sent home suffering with vomiting and/or diarrhoea and that we also have a number of children absent from school with similar symptoms.

We have sought advice from Public Health in relation to the recent number of cases. I am advised that the following precautions will reduce the spread of this illness in our school and would ask for your cooperation in preventing further illness:

- While in your care, if your child vomits or has diarrhoea or is feeling genuinely sick do not send them to school. They should then not return to school until 48 hours (2 days) after their last symptom, for example if the last time they vomited was Tuesday 8.00pm they can come back to school on Friday. This is because you can still excrete and pass on the virus to other people even though you may feel better.
- If you receive a telephone call from the school advising that your child isn't well, please make arrangements to collect your child as soon as possible.
- Particularly while this illness is in our community encourage your child to wash their hands regularly with liquid soap and warm water and dry them thoroughly. I have included a poster below to support with this. This is very important after they have used the toilet and before eating food.

Yours sincerely

Aron Bradley
Headteacher





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Wash your hands

Steps to wash your hands with soap and water



Scrub your hands
for at least 20-40
seconds



Lather hands with soap and water
and rub hands palm to palm



Right palm over back of left hand
with interlaced fingers and vice versa



Palm to palm with fingers
interlaced



Backs of fingers to opposing palm
with fingers interlaced



Rotational rubbing of left
thumb clasped in right palm
and vice versa



Rotational rubbing backwards and
forwards with clasped fingers of right
hand in left palm and vice versa



Rinse hands with water



Dry hands on single use towel or air
dry and your hands are safe

