

YSGOL HEN FELIN



YHF WORKSHOPS - PATHWAYS TO POSITIVE BEHAVIOUR

| DATE | MONDAYS 12:30 - 14:30 | WEDNESDAYS 12:30 - 14:30 | FRIDAYS |
|------------------------|---|--|---|
| WEEK 1 16.01.23 | WHAT IS BEHAVIOUR? An introduction to behaviour and understanding what behaviour is | TRANSITIONS Problem solving group sessions. Come along and see how we can support you . Everyone welcome | BESPOKE SESSIONS Individual bespoke sessions with Rhian Griffiths by appointment only |
| WEEK 2 23.01.23 | REASONS FOR CHALLENGING BEHAVIOUR Look deeper into what causes children to display challenging behaviour | SENSORY Problem solving group sessions. Come along and see how we can support you . Everyone welcome | BESPOKE SESSIONS Individual bespoke sessions with Rhian Griffiths by appointment only |
| WEEK 3 30.01.23 | BEHAVIOUR STRATEGIES & INTERVENTIONS A focus on ways to promote positive behavior and how to support your child | ATTENTION SEEKING Problem solving group sessions. Come along and see how we can support you . Everyone welcome | BESPOKE SESSIONS Individual bespoke sessions with Rhian Griffiths by appointment only |
| WEEK 4 06.02.23 | CAN WE SUPPORT YOU? An opportunity to discuss your child and how we can support you manage their challenging behaviour | LIFE SKILLS Problem solving group sessions. Come along and see how we can support you . Everyone welcome | BESPOKE SESSIONS Individual bespoke sessions with Rhian Griffiths by appointment only |
| WEEK 5 13.02.23 | CELEBRATE OUR SUCCESSES! An opportunity to share your successes | REWARDS AND SANCTIONS Problem solving group sessions. Come along and see how we can support | BESPOKE SESSIONS Individual bespoke sessions with Rhian Griffiths by appointment only |

DELIVERED BY

LAURA DEANS & RHIAN GRIFFITHS

AT YSGOL HEN FELIN WELLBEING CENTRE



We look forward to welcoming you to these sessions starting in January 2023. Please contact Rhian or Laura now for more information or to book your place on the programme.

GET IN TOUCH

CONTACT US

WWW.YSGOLHENFELIN.ORG.UK

- ADMIN@YSGOLHENFELIN.RCTCBC.CYMRU





